Fwd: [Announcement] Walking Hawks

From: University Staff Association <USA@UHCL.edu>

Sent: Thursday, April 8, 2021 2:33 PM

To: University Staff Association

Subject: [Announcement] Walking Hawks

Hello, Hawks!

We are excited to share some information regarding a new campus-wide Health & Wellness initiative sponsored by the Office of the President and Student Affairs. All Faculty, Staff, and Students are welcome to participate!

Details and registration information is below and attached.

See you there & GO HAWKS!

## **UHCL** WALKING HAWKS

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## GET UP, GET OUT, GET MOVING JOIN UHCL WALKING CLUB

Starting Monday, April 19, 2021 UHCL, LET'S GET MOVING

Free Club T-Shirt and Water Bottle Fanny Pack First 100 Registrants

~ Two Designated Walking Locations on Campus~ Bayou Building - Third Floor New Bike and Hike Trail or Location of Choice

Monday - Friday
12 p.m.-1 p.m. & 5:30 p.m.- 6:30 p.m.

MEMBERSHIP IS FREE USE THE LINK BELOW TO SIGN UP TODAY

https://uhcl.co1.qualtrics.com/jfe/form/SV\_cw5pL1dVz5IRy98

